C540 AD monks & smuggle a few silk-worm eggs into the city of Constanterriple in a hollow bomboo stem - and so established Constantinople's silk industry.

Shile Belissies was reinguring Italy from the estingolds, Shah Khushu invoided Syria and Justinion and aguin 562

1st months 17540 in exchange for half of States in return for the expulsion of Belissies. VITIGIS decland, Then down . The Gottes suspected Queen MATASUNTHA Vitigis tried to negotiate with Justinian. Belisarus declined to sign the He succeeded into moneuvering

Vitigis and his adverses into a position that gove them no Choice but to surender since they were already suffering a terrible formerse.

Belivin and the impenil army marded into lovenna unopposed, took Captive the Goldicking and his army 540 After the ownerder of Rosenna, large membas of, cespadare Gottes were dismissed & return. Belesserusgent there home as imperial rubjects within forcing them to hand over any of their personal property, as the garrison of Auximum had had to do. Belesains army had captured sich Borty inknown Belisarius took all the precious objects to his emperor in Constantinople. He deso

and its retainer a band of the very best hoofs, who were sent immediality to the Person function. There was vitiges + wrope, his son from 1st marriage; som & daughter of the Jumes THURINGIAN QUEEN AMALA BERGA, and the children of HILDEBAD, Helderad lunish was the leader of Treas padene sotte who had not yet surrandered; Po, some Sottes frught on. Thus ticinum-Paria was family in the hands of URALAS

540-600 Duncan; Cal

Between 540 and 600 , six known plogues struck major mediterranean celes in the East & Wast, wiping out many, many thousands of juaple.

Duncan; Cal 540 BENEDICT'S RULE started with the Unistean Colonder as it then existed with its caint's day, holy days, celebrations, and fearts. He then assigned tasks \$ using as his susperation to Ronas ARMES SYSTEM of loosely dividing the day into hours, with daily welches (morning now and afternoon). Benedict

ordered these 3 key paints announced lock day in the monestery. He also delinedles cononecal hours that did not have to be ennounced: down (matertine), sunrice (prime hora), sunsel (vespera) and the coming of complete dock ness at night (completionium). He listed sertien palma to be read each day and at the beginning of the seven named hours go that eventine it began. He fifed precise hours for waking, lating, working, and Usting plunging with the intellectual life of the Byzantine Copital, He stayed for a decade and a half returning in 5 54 to Italy

The Bredictine Rale

Duncan: Cal 540 Benedict: a Kalendis novembribus = 1 November Kalendas Octubres = Benedicts system ment that Christian monks for centuries would live under Kome's Civil Calendor and the Roman army's day imposed for more strictly then by the old empire's migistrates and general.

"Idleness is en menny of the soul"

eventuelly the Banedictiones sense of time Crept into everyday life and language

1912Dates\_ J-BK C 540 AD King Arthur, Lucius ARTORIUS CASTUS of Badon Hill 540 ? After Process left Pritain

540

when Chorros (Parsia) in 5 40 facting hemself on northern Syria, where he was not expected and captured Antirch, whence he corried off great sports

540

Fall of Rosenna. Bilisarius left Italy

Duncan; Cal 540 Abbot Benedict of N ursia in Unibria tought his monks to make clocks and to use them to tell time down to the hour In about 540, the year Roverna fell to Justineen and Cossiodores mined to Constantinaple, Benedict wrote a guide to what he as the BENE DICTINE RULE

this included a table of hours setting mealtimes, and ceremonies lenked to a coreful measuring of each hour of the day. Wanting to be sure that the montes in naples were saying the same Postin at the some hour as those infrarence. he ordered that time be kept occurately and objectively by using the best closes then available the Sundial and water

540 URAIAS delend to be king. He supported 1+1LD EBAD who was a nighten- of Theudis, the king of the Visigeths. 14 was in command Heldebod had himself elevated to the king of the Oshogotts; the Roman general Beliarius declined the honor, boundes he was to empen Justinian by personal oath. Belisonies sailed of for Constantinogle

and the was began anew.

540 Just slightly more than a narrow stup Just statily more than a narrow stup Jund between PAVIA and Verma and my 100 Sothie warries. He altoched Torbesim - Treveso defended by the "imperia" HERULI, none ofto then the bands that left with mores & had been so lugar to return home Hildebal shuch had and annihiled the only Roman troops stationed north of the Po

His nephen TOTILA took iron commend in + RE VISO. The number of Brothers supporting Hilder August by encrease, In a short time be learned the two provinces of LIGURI and learnested the two provinces of LIGURI and As som as Beleserie. sailed for Constantinaple the implicit army lost many deserties, many wend to the Goldes Porsia declared was against Lome Antisch was Captured

Rouson was exacted from chiff cibes of western Asia mesino! Truce Concluded 545

1912Dates\_ J-BK East Empire 540 Beliseines fought the East Gattes

540 AD his quidelines for a Christian community, shaping monastic life and enfluencing Western society.